

Happy New Year everyone!

We are looking forward to getting back to dance and we have a fun month planned!

At this point in time, we are able to return to all classes in person, beginning tomorrow, **MONDAY, JANUARY 3rd**, keeping the following in mind:

-ALL DANCERS must complete our online screening each day that they attend class. **PLEASE COMPLETE THIS BY 2PM EACH DAY**. If you are unable to attend in person, please email the studio.

- Masks should be worn by ALL and we will be diligent in following all of our regular Covid-19 protocols.

-In keeping the latest isolation guidelines, **dancers should plan to stay home if they exhibit ANY signs of illness. They should also stay home if ANY members of their household are ill.** (please refer to the latest provincial rules for isolation and ask us if you are unsure).

-As always, dancers are encouraged to attend virtually while they are isolating (if they feel well enough). Virtual classes are also available for any families who may prefer this option.

-Zoom links can be found in your family portal. You can login from the homepage of our website, using the email and password that you registered with. Once in the portal, look under 'online classes' and click the camera icon. Dancers should attend their virtual classes in their usual uniform with their hair up in a bun/pony tail. Please be sure to review the 'How to Have a Great Virtual Dance Class' document in the files section of your portal.

Restrictions could change at any time. Please watch your email for updates.

Here is a look at the next few weeks ahead! WE ARE EXCITED TO SEE YOUR DANCERS!

JANUARY THEME OF THE MONTH - JOY!

Our tradition for the past few years has been to beat the 'January blahs' with a month of fun themes/activities and a focus on the JOY that a new year brings! This year will be no different!

January 3rd- 8th - MOVE YOUR BODY WEEK! Moving our bodies is an instant mood lifter! Dancers are encouraged to film themselves practicing at home and send us a video. Each dancer who sends a video will be entered in a contest to win a \$50 Grace Academy gift card. Dancers who have another family member dance with them in the

video will be entered twice! We will teach a short/simple combo in class that family members will have fun learning!

Videos can be texted to Miss Knapp 905-301-9409

January 10th -15th - SNOWFLAKE WEEK! We will participate in some winter fun activities and focus on what makes each of us unique and special!

January 17th -22nd- CREATIVE BUN WEEK! One of our favourite traditions! Come to class with your most creative hairstyle . At the end of the week winners will be chosen in the following categories - most original, funniest, most beautiful and one random draw winner from all who participated (we will post some past ideas on our social media to help your creative juices to flow!)

January 24th - January 29th - PAJAMA WEEK! Dancers are welcome to attend classes in their cozy pjs! AND on **January 29th** - dancers in Primary 2nd Year Ballet and above will be invited to sign up for a **Virtual Pajama Party** in the early evening! Details to follow on the fun activities planned for that night!

STORMY WEATHER

Please remember that a message will play on the school's answering machine if classes need to be cancelled due to inclement weather. Please phone the school after 2pm on stormy days to see if classes will run, or after 8am for morning classes. AN UPDATE WILL ALSO BE POSTED ON OUR FACEBOOK/INSTAGRAM PAGE AS SOON AS ANY CANCELLATION DECISIONS ARE MADE.

Thank you for your continued support ! We are grateful for all of you! May the year ahead be filled with love, laughter, continued inspiration and good health! xo